



RINGWOOD NATURAL HISTORY SOCIETY

Kingston Common and Avon Meadows Walk

Date: 15th August 2024
 Weather: Overcast
 Walk Leaders: Judy Thomas and Sonia Wilkinson
 Attendees: 12

We met at Kingston Common North 2 miles south of Ringwood off the B3347 Ringwood to Christchurch Road. The walk should have started at the Bickerley in Ringwood. Unfortunately when Sonia and Judy did a recce they were unable to gain access along the Avon Valley footpath from there, due to a bridge over the Mill Stream (a branch of the River Avon) being completely broken and rotted away. The Avon Valley Path is a 34 mile long distance walking route that takes you from Salisbury to Christchurch. From Kingston Common we followed the Avon Valley footpath northwards towards Ringwood, passing by Hampshire Hatches on the Mill Stream, a popular area for friends and family to meet, to the broken bridge where we had to retrace our steps back to the common. After lunch we had a wonder around the common and associated ponds which are currently dried up, they are breeding grounds for Grey Herons and Lapwings.

Flowering Plants	Flowering Plants cont	Birds	Others
Tansy	Common Valerian	Swift	Short-tailed Vole
Common Ragwort	Water Speedwell	Cormorant	Speckled Wood Butterfly
Bramble plus fruits	Trifid Bur-marigold	Herring Gull	Common Earthball Fungi
Hedge Parsley	Marsh Woundwort	House Martin	
Enchanter's Nightshade	Bittersweet	Great Egret	
Prickly Sow-thistle	Orange Balsam	Wren	
Water Chickweed	Meadow Buttercup	Long-tailed Tit	
Hedge Woundwort	Great Plantain	Chiffchaff	
Hedge Mustard	Ribwort Plantain	Canada Geese	
Common Comfrey	Creeping Thistle	Mute Swan	
Greater Bindweed	Tufted Vetch	Kestrel	
Hedge Bindweed	Bulrush	Raven	
Water Forget-me-not	Meadow Vetchling	Egyptian Geese	
Great Willowherb	Greater Knapweed	Wood Pigeon	
Common Fleabane	Wavy Bittercress	Black-headed Gull	
Hemp Agrimony	Marsh Bedstraw	Sparrowhawk	
Water Mint	Bell Heather	Buzzard	
Purple Loosestrife	Ling		
Redleg	Rowan (fruits)		
Water Pepper	Sand Spurrey		
Fool's Watercress	Wood Sage		
Gipsywort	Tormentil		
Angelica	White Clover		
Meadowsweet	Stinging Nettle		



Gipsywort at Kingston Common by Lyn Traves